

Analysis of Benzodiazepines by LC-MS-MS

Method 1: Benzodiazepines

Instrumentation: [Waters ACQUITY UPLC system](#) with [AB Sciex LC/MS/MS System](#)

Column: [Waters XBridge C18 2.5µm 2.1 X 50mm Column](#) (Ctrl + Click to follow link)

Elution Type: Gradient

Elution A: 10mM Ammonium Formate

Elution B: Acetonitrile

Gradient Profile:

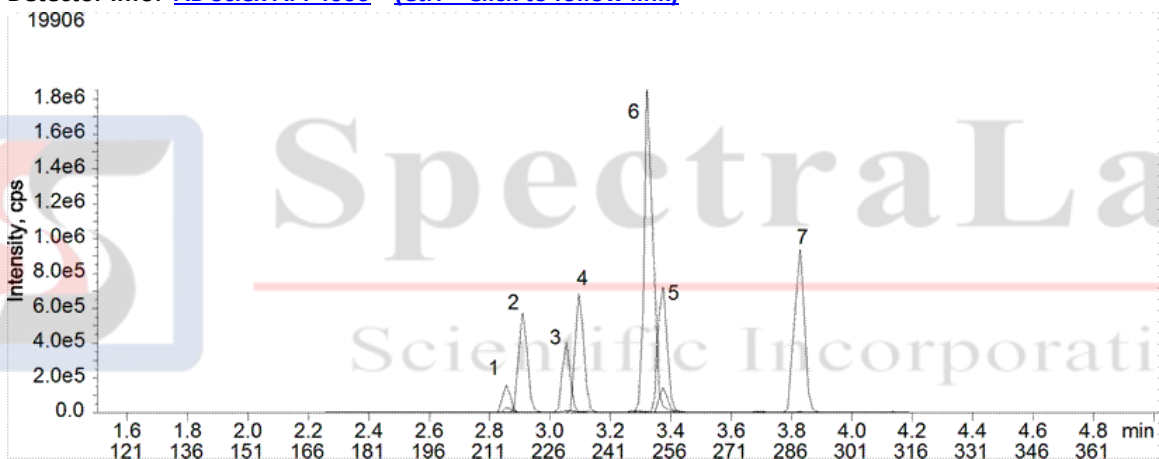
Step No.	Time (min)	Pct A	Pct B
1	0	85	15
2	4	45	55

Flow Rate: 0.5 mL/min

Col. Temp: Ambient

Detection: [Tandem Mass Spec \(MS-MS\)](#) @ amu (22°C) (Ctrl + Click to follow link)

Detector Info: [AB Sciex API 4000](#) (Ctrl + Click to follow link)



- 1: alpha-Hydroxyalprazolam
- 2: Oxazepam
- 3: Lorazepam
- 4: Clonazepam
- 5: Nordiazepam
- 6: Temazepam
- 7: Diazepam

Method 2: Benzodiazepines from Urine

Instrumentation: [Waters ACQUITY UPLC system](#) with [AB Sciex LC/MS/MS System](#)

Column: [Waters XBridge C18 2.5µm 2.1 X 50mm Column](#) (Ctrl + Click to follow link)

Elution Type: Gradient

Mobile Phase A: Water with 0.1% Formic Acid

Mobile Phase B: Methanol with 0.1% Formic Acid

Gradient Profile:

Step No.	Time (min)	Pct A	Pct B
1	0	65	35
2	4	5	95
3	4.01	65	35
4	7	65	35

Flow Rate: 0.3 mL/min

Col. Temp: Ambient

Detection: [Tandem Mass Spec \(MS-MS\) @ amu \(22°C\)](#) (Ctrl + Click to follow link)

Detector Info: [AB Sciex API 3000](#) (Ctrl + Click to follow link)

MS Conditions

Source: Cur-11, CAD-12, IS-4500, Tem-450, NEB-12

Dwell: 25ms

Polarity: Positive

Sample Preparation:

Solid Phase Extraction (SPE) procedure: Note: The solvent volumes shown below are for a 100 mg bed mass. The solvent volumes will need to be adjusted for a smaller or larger bed mass.

Load: Pre-Treatment: To 2mL urine, add 1mL beta-glucuronidase (contains 5,000 F units/mL Patella vulgata in 100mM acetate buffer(pH 5.0)).

Mix/vortex.

Hydrolyze for 3 hours at 60C.

Let cool and add 1mL 100mM Phosphate buffer (pH 6.0).

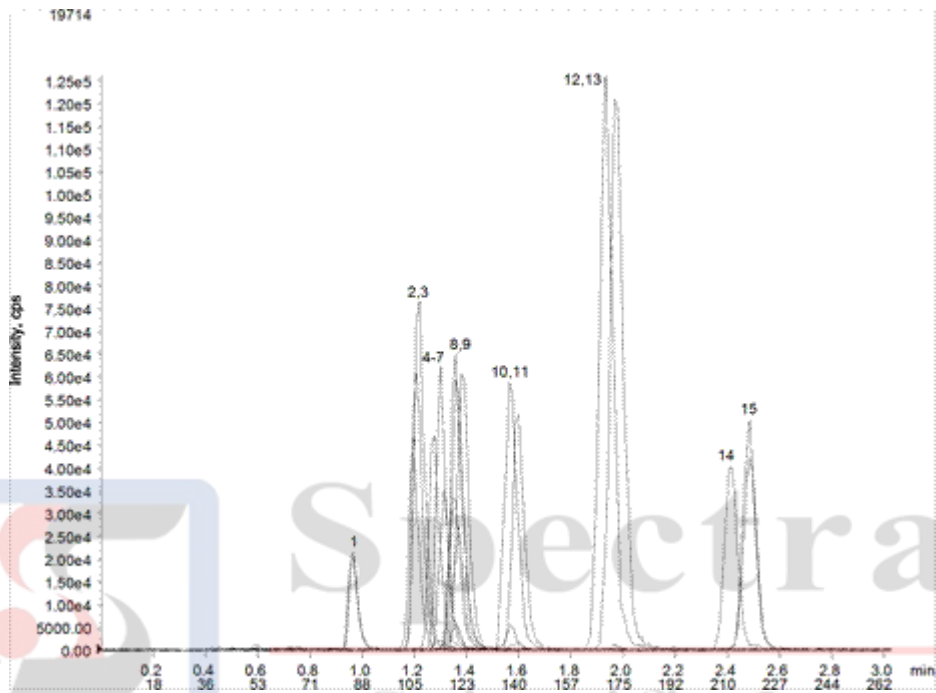
Centrifuge for 5 minutes at 5000 rpm and discard pellet. Load directly onto SPE cartridge - NO CONDITIONING REQUIRED (Extraction automated using a Gilson GX-274 ASPEC liquid handler)

Wash: Acetonitrile:Water (20:80) 2 mL @ 2 mL/min

Dry: 10 minutes @ full vacuum

Elute: Ethyl acetate:Isopropanol (85:15) 2 mL @ 2 mL/min

Final Prep and Analysis: Evaporate eluant under a stream of N₂ gas at 50°C. Reconstitute with 1mL of 35% methanol. Inject: 5 µL on HPLC / Mass Spectrometer (MS) @ amu (ambient)



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Scientific Incorporation

- 1 alpha-Hydroxyalprazolam
- 2 Oxazepam-d5
- 3 Oxazepam
- 4 Alprazolam-d5
- 5 Alprazolam
- 6 Nordiazepam-d5
- 7 Nordiazepam
- 8 Lorazepam-d4
- 9 Lorazepam
- 10 Clonazepam-d4
- 11 Clonazepam
- 12 Temazepam-d5
- 13 Temazepam
- 14 Diazepam-d5
- 15 Diazepam

Method 3: Benzodiazepines from Blood

Instrumentation: [Agilent 1100-series vacuum degasser, binary pump, autosampler, thermostatted column compartment, diode array detector \(DAD\) with micro-flow cell](#) and [Applied Biosystem 3200 Q TRAP LC/MS System](#)

Column: [ZORBAX Eclipse XDB-C8, 150 × 4.6 mm, 5 μm](#) (Ctrl + Click to follow link)

Elution Type: Gradient

Mobile Phase A: 20 mM Ammonium formate, pH 9 in water

Mobile Phase B: Methanol

Gradient Profile:

Step No.	Time (min)	Pct A	Pct B
1	0	40	60
2	15	20	80
3	16	0	100
4	21	0	100

Flow Rate: 0.7 mL/min

Col. Temp: Ambient

Detection: [Tandem Mass Spec \(MS-MS\) LC/MSD Trap @ amu \(22°C\)](#) (Ctrl + Click to follow link)

Detector Info: [Applied Biosystem 3200 Q TRAP LC/MS System](#) (Ctrl + Click to follow link)

MS Conditions

Source: Positive APCI

Nebulizer: 60 psig

Vaporizer: 400 °C

Drying gas flow: 5 L/min

Drying gas temp: 350 °C

Vcap: 3000 V

Corona: 4 μA

Scan: m/z 150–400

Averages: 2

SPS settings: Target mass m/z 300

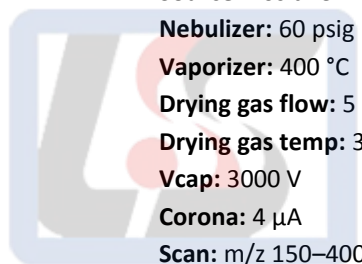
Compound stability 60% (Skim 1: 24 V, Cap exit offset: 69 V)

Trap drive 100% (resulting value 27)

Precursor isolation width: 2.5 amu

Cutoff: 45% (113–175 m/z for these compounds)

MRM: Eight time segments as shown in the table below:



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Scientific Incorporation

Group number [min]	Benzodiazepine/ metabolite	RT (min)	Precursor ion [M+H] ⁺	Major ion (m/z)	Fragmentation amplitude (V)	Fragmentation width (m/z)
1 [1.00–4.00]	7-aminonitrazepam	2.6	252	224	2.00	10
	7-aminoclonazepam	2.8	286	250	2.50	10
	7-aminoflunitrazepam	3.1	284	264	1.88	10
2 [4.00–5.70]	Bromazepam	5.3	316	288	1.92	10
	Clonazepam	6.1	316	270	2.00	10
3 [5.70–6.70]	Nitrazepam	6.2	282	236	1.86	10
	Flunitrazepam	6.3	314	268	1.90	10
	Clobazam	7.3	301	259	3.37	40
4 [6.70–8.80]	Flurazepam	7.6	388	315	2.60	40
	Triazolam	7.8	343	308	3.57	40
	Alprazolam	8.3	309	281	4.67	40
	Lorazepam	8.3	321	275	2.98	40
5 [8.80–11.10]	Oxazepam	8.6	287	241	3.32	40
	N-desalkylflurazepam	9.2	289	261	4.57	40
	Temazepam	9.6	301	255	3.72	40
6 [11.10–13.00]	Nordiazepam	12.1	271	243	1.88	10
7 [13.00–17.00]	Diazepam	13.9	285	257	1.90	10
	Midazolam	14.9	326	291	2.05	10
8 [17.00–21.00]	Prazepam	19.4	325	271	1.90	10

Sample Preparation:

To 0.5-mL blood in a glass screw-top tube was added 50 µL of freshly prepared internal standard (Prazepam) working solution (5 µg/mL in water). To this tube was added 1.75 mL of 4.5% ammonia solution and 10 mL of 1-chlorobutane, and the contents rolled on a mechanical mixer for 10 minutes. After centrifuging the solvent was drawn off, transferred to a clean glass tube and evaporated to dryness in a Jouan centrifugal evaporator. The residue was dissolved in 100 µL of the initial mobile phase.

Results:

This method can easily detect, confirm and quantify multiple benzodiazepines and metabolites in a single analysis. The technique is suitable for screening analyses and confirmation of identity of benzodiazepines at their lowest reported therapeutic and sub-therapeutic concentrations using only 500 µL of blood. It is possible to detect down to 0.006 mg/L (6 ng/mL) of alprazolam while still obtaining a clear identification with a full-scan MS/MS spectrum.

References: <http://www.phenomenex.com/Application/Detail/19906>
<http://www.phenomenex.com/Application/Detail/19714>
<http://www.chem.agilent.com/Library/applications/5989-4737EN.pdf>